

SHANDON TIMES

Neighborhood News

SHANDONNEIGHBORHOOD.ORG

SHANDON NEIGHBORHOOD COUNCIL

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Letter from SNC President Deborah Thomas

Hello Shandon Neighbors! My name is Deborah Thomas and I am honored to be the new President of the Shandon Neighborhood Council (SNC) and excited to be writing my first "President's Letter" for the *Shandon Times* newsletter! I've lived in Shandon for 19 years and chose our wonderful neighborhood after opening my business in 1999 and looking around several neighborhoods. It quickly became clear that Shandon was where I wanted to be! I retired 4 years ago from my business, A&Z Construction Printing and now I love working in my yard and have also turned my garage into a studio where I sew and do embroidery for family and friends! I have two adult children, my son Zackery and his wife Carmen, who have 2 boys, and my daughter, Abbi and her wife Betsy, who have one daughter.



I am thrilled to be able to serve our neighborhood and we have lots of things going on as we work together to keep the character of our neighborhood and to be available to all of our neighbors. It is my belief that SNC is here for the neighbors and we always welcome your input at any of the bi-monthly meetings or feel free to contact any of us at any time. The SNC members contact information is on this newsletter. I'd also like to welcome our 3 new members, Matt Flach, Harrison Greenlaw and Catherine Mubarak. We have committees which work on different neighborhood interests and they include Zoning & Ordinance (Martha Johnson, Chair), Traffic & Safety (Rich Horton, Chair), Grants (John Meyers, Chair), and Beautification (Kelly Hynes Morris, Chair).

Next up is the annual Easter Egg Hunt on April 20th, 9 am, in Emily Douglas Park—always a fun morning for the neighborhood children 10 and under! Also, our movies in Emily Douglas Park start back on May 31st—always the last Friday of the month with the exception of July, which always seems to be too hot to have it! The other dates are June 28th, August 30th, September 27th and October 25th and we are most appreciative to Mary Lane Sloan for sponsoring these movies year after year! Movie titles will be announced soon on the Shandon Neighborhood FB page.

I hope to see many of you at our monthly meetings! You don't have to be a SNC member to volunteer or get involved! Please feel free to contact me with any ideas, concerns, etc., and I look forward to seeing you around Shandon!

Best,

Deborah Thomas | President, SNC

Annual Meeting Welcomes Three New Members to Shandon Neighborhood Council

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Five were chosen to serve on Shandon Neighborhood Council. New to Shandon Neighborhood Council were **Matt Flach** (Wilmot Ave), **Harrison Greenlaw** (Wilmot Ave) and **Catherine Mubarak** (Shandon St). Two returning members were Lois Elijah (Burney Dr) and Tamra Paschal (Cannon St). All five were elected to three year terms at the March 11, 2019 Annual Plenary meeting. The annual meeting included a presentation for support of the Rocky Branch Greenway and there was a discussion of the Neighborhood Race Protocol by Maj. Martin of the Columbia Police Department. A listing of scheduled races run through Shandon each year is to be made available by the CPD. After membership election the new Council elected Deborah Thomas (S. Holly St) as President, John Meyers (Wilmot Ave) as Pres-elect and Catherine Mubarak as Secretary. Bill McCormick (Terrace Way) continues on to serve as Treasurer. See the complete Council member listing to the left or find it anytime on the web site shandonneighborhood.org.

Shandon-wide SPEED LIMIT 25 MPH

At last! The Columbia City Council approved a measure in Fall 2018 mandating the speed limit of 25 MPH throughout the streets of Shandon. This change was the result of multiple years of effort on the part of Shandon Neighborhood Council to procure joint cooperation by SC Department of Transportation, Richland County and the City of Columbia regarding speed limits within their varied road jurisdictions within Shandon neighborhood. CPD Traffic Enforcement has indicated periodic "monitoring" with citations as needed to calm traffic in our neighborhood.



Shandon Times

Dr. Ron Burns, Editor
shandonnews@gmail.com

LOOKING AHEAD:

Shandon Neighborhood Easter Egg Hunt



Expect the great gathering on **April 20** at 9:00am at Emily Douglas Park for **Shandon's Annual Easter Egg Hunt**. Have your baskets ready because there will be hundreds of plastic eggs hidden throughout filled with prizes to delight your little ones. There may even be a grand prize or two!

NATIONAL NIGHT OUT



Way into the summer, **August 6** to be exact, we will celebrate **National Night Out** with our Ice Cream Social at Sims Park. In addition to free ice cream there will be hot dogs and bottled waters. Also expect the water spray fountain to be working, too—this is Summer, y'all!

Shandon TURKEY TROT



Certainly enjoy your National Night Out but do get ready for the **38th Annual Shandon Turkey Trot** coming in the Fall. It will take place on Saturday **November 23**. More details and sign-up info will be in our next issue.

Community Blood Drive *Please Give!*

When: **Sunday July 21, 9am – 2pm**

Where: **Shandon Presbyterian Church, 607 Woodrow Street**

To schedule your appointment:

www.redcrossblood.org

Let's Fill The Red Truck!

Bring Your Donations to Heyward and Holly **May 18 and 19**



Your donations benefit the Columbia City Animal Shelter and The Animal Mission helping to care for four-footed friends who have become separated from loving homes. The Red Truck will be parked at the corner of Heyward and Holly to receive donations of pet food, pet supplies and, yes, cash donations are welcomed, too.

PS: Spay and neuter vouchers will be available at the event.



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Dear Shandon:

I am honored to be your voice at the State House. If I can ever be of assistance please call me at (803) 361-2360.

Most sincerely,

Seth Rose



20/20 Come see us!
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Thank you, Shandon, for trusting me to represent you on County Council.

- Allison Terracio

Contact me any time: (803) 622-6029
terracio.allison@richlandcountysc.gov

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GARDENING *Vistas*

Buh-bye Winter and Hello Spring!

After a long, dark and dreary and oh so 'wet' winter... Spring is in the air! It's time to get back out there and get our Shandon gardens back in tip-top shape for family and friends...or even those nice peaceful evenings alone. What do you say we 'focus' on a focal point! How about a fabulous specimen tree? Japanese maples have many splendid varieties!

The Bihou has a variety of colors from spring until fall. Beginning in the spring the leaves are a beaming lime-green with a splash of red on the edges. Following up in the summer you can expect a grand greenish-yellow. In the fall they will leave you with a smoldering orangish-yellow. It doesn't stop there... the Bihou is pleasing to the eye year-round because of its outstanding yellow bark...very impressive!

Or imagine a Sango Kaku. It's common name is Coral Bark and for good reason! The bark of this beauty is ablaze with a fiery coral-red which one can delight in year round. In the spring the leaves will open to a delicate pinkish-yellow. As summer arrives so do the graceful light green leaves. Fall will 'leaf' you with a warm soft yellow that will eventually blanket the ground. Until spring...when she will begin again!

We can't forget about the Osakazuki. This seven lobed leaf with serrated edges has some stunning colors. They commence with appealing bright green leaves which give way to an explosion of orange-scarlet to a crimson-red and make quite the statement. The Osakazuki leaf is more scorch resistant than most Japanese Maples and with the sometimes scorching days we have here in our 'Soda City' may just prove to be an excellent choice. Of course you could always choose to have your focal point in a spot that doesn't have all of that afternoon sun. Decisions-decisions.

Oh but wait! Last but not least and my personal favorite. The Tamukeyama! This baby is awe-inspiring and that is not an exaggeration. Growing wider than she does tall, the branches swoop down to form a dome. She is glorious! With deeply lobed leaves of purplish-red throughout the summer they will then turn to a dazzling bright red in the fall. This graceful, mounding, dwarf tree with waxy, deep red bark and beautiful cascading branches is an engaging representation of a focal point. With over one thousand varieties and cultivars the options are bountiful. So many choices! Of course we need to up-light these gorgeous specimens but that, Shandon neighbors, is another subject for another day.

Happy Spring!

Shirleen Schimmoeller of Southern Vistas, Inc

Shirleen2002@aol.com

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SHANDON NEIGHBORHOOD
Gard OF THE Month

Well, Not Quite

Our judges have only just now returned from their 3 months annual retreat. This year it was on the island of Oahu where they spent countless hours in deep deliberation on the meaning of beauty in horticulture and lawn care. We are told that now they feel prepared to take on judging Shandon Yards again. We will expect some results in our next issue.

Meeting space for Shandon Neighborhood Council generously provided by Heyward Street United Methodist Church.

Heyward Street UMC offers a 10:30 Sunday Contemporary Service

Upcoming Events & Meetings: Shandon Easter Egg Hunt is April 20. Council meetings are held the second Monday of every other month at Heyward Street UMC Church and begin at 6:15pm. **Next two Shandon Neighborhood meetings are May 13 and July 8. National Night Out is August 6.** Visit ShandonNeighborhood.org for additional information on events and meeting agendas/minutes.

**No!
no! No!**

Dog waste is not compost. And, Yes, it must be removed after being “deposited”.

Whether on the city right of way or your neighbor’s lawn.

Do not, repeat, do not drop that little baggie on the leaf pile.

Take your pet’s “product” home and put it in the Herbie Curbie.



S++ANDON S++APE-UP

The Importance of Stretching

Stretching is a **natural activity** that we sometimes do whether we realize it or not. Stretching involves elongating a specific muscle group to its fullest length. There are many benefits to stretching. Proper stretching is one of the most important ways to improve your health. Stretching first thing in the morning increases circulation by increasing our blood flow to muscles. This can help recovery from muscle and joint injuries.

Your **flexibility will get better** with stretching. A person’s flexibility is the ability of your joints to move through a full range of motions. This allows for more movement that will help your body with better posture, less muscle soreness and reduced risk of injury. Your balance and coordination will improve as you continue

your stretching exercises. This will also help eliminate the risk of falling.

Most of us have heard that stretching should occur **before and after exercise**. Try adding an extra five minutes to the beginning and end of each workout. For example, warm up with a walk before heading out for a run. Hold a stretch for 10 to 30 seconds without bouncing. A muscle strain, or pulled muscle, occurs when your muscle is overstretched. They are common in the lower back, neck, shoulder and hamstring.

It is also beneficial to stretch **throughout the day**. Taking a break from your desk after sitting for hours can help your body and mind. We all could use a little more stretching, so try to find the time and reap the benefits.

Brooks Wheeler | brookswheeler@att.net

Going Green

Get the E-Newsletter!



Would you like to receive this newsletter in email format and save paper? Not only will you get a full-color PDF with all of your articles but as an email subscriber you will also receive updates regarding events of interest to the neighborhood and the latest from your Shandon Neighborhood Council.

All you need to do is send your email address to ShandonNews@gmail.com. Oh, and please let us know your mailing address, too, so we can reduce paper usage. Thanks!

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Classes beginning April 10 include “World War I,” “Heroes and Legends,” “Those Crazy Musicians,” “Cuba,” and “History of Theatre”. You can even learn to play the ukulele! Interested? Email us at shepherdscent626@bellsouth.net or call 803 779-4449 for a bulletin of our program.

If you would like to purchase an ad in the *Shandon Times*, please contact Dr. Ron Burns, Editor, at shandonnews@gmail.com.